

RMBJJ Academy CLASS SCHEDULE



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY					
7:00 AM		Adults All Levels Gi		Adults All Levels Gi							
8:00 AM	Private & Semi-Private Lessons Available										
9:00 AM											
10:00 AM											Adults All Levels Open Mat
11:00 AM	Adults All Levels Gi		Adults All Levels Gi		Adults All Levels Gi	10am - Gi 11am - No Gi					
12:00 PM	Private & Semi-Private Lessons Available										
1:00 PM											
2:00 PM											
3:00 PM	Private & Semi-Private Lessons Available										
4:00 PM								Tiny Champs Gi (4-6 yrs) 45 mins			
5:00 PM								Little Champs Gi (7-10 yrs)		Little Champs Gi (7-10 yrs)	
5:30 PM	Jr Champs Gi (11-15 yrs)		Jr Champs KICKBOXING (11-15 yrs)								
6:00 PM		Adults All Levels Gi		Adults All Levels Gi	Adults All Levels Gi "Week in Review"						
6:30 PM	Adults Fundamentals Gi		Adults Fundamentals Gi								
7:00 PM		Adults All Levels NO GI		Adults All Levels NO GI							
7:30 PM	Adults Advanced Gi		Adults Advanced Gi								
8:00 PM											